**Full Circle**

**Free Workshops For Learning Disabled People**

**Booking form**

**Let us know if you need help to fill out this form.**

**Also – it’s fine to print this form and fill it in by hand and then hand it in at ARC or send us a photo of the form. Return booking to** [**alex@littlecog.co.uk**](mailto:alex@littlecog.co.uk)

**Please tell us which workshops you’d like to attend (include number of people if you’re a group).**

**Introduction to Microphone**

Thursday 27 July (10.30am-12.30pm) YES / NO

Thursday 3 August (10.30am-12.30pm) YES / NO

**Lyric Writing**

Wednesday 19 July (10.30am-12.30pm) YES / NO

**All About Me Collage Workshop**

Wednesday 26 July (1.15pm-2.45pm) YES / NO

**Recording Your Story**

Wednesday 16 August (10.30am-12.30pm) YES / NO

**Please give us your contact details, or contact details where we can reach you.**

**Your Name Contact Name (if different)**

**Postcode**

**Telephone**

**Email**

**Are you attending with a support worker YES / NO**

**If you are attending independently (ie without a support worker) please give us an emergency contact name and number**

**Name**

**Number**